



La Vie Collegienne

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(R)EVOLUTION

LA VIE
M.I.C.
EDITION

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Compiled By: E. Gertenbach '11
Images courtesy of Google Images



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Changes in the charts

How music has progressed since MIC

EMILY GERTENBACH '11
LA VIE STAFF WRITER

Now entering its sixth year, the annual music industry conference has brought year after year of insight and expertise to the campus. As with nearly all fields, technology and social cues cause the music industry to change and evolve regularly in the ways music is produced, appreciated and performed. While musicians may learn new techniques and music recording technology majors may get new equipment over the years, one aspect of the music industry affects almost everyone regardless of

major: what we listen to.

Taking a peek back into the past through Billboard magazine's archives—almost all issues are available for free through Billboard's site and Google Books—reveals lists of hits, some of which still persist today, and others that have been long forgotten.



Image courtesy of: www.lvcmic.com

The November 6, 2004 issue of Billboard, though, is of particular interest, as it shows what songs were topping the Top 40 charts when the music industry conference started on campus.

E. GERTENBACH elg001@lvc.edu

What is MIC?

Sixth annual MIC to be held

SARAH BARKMAN '12
PERSPECTIVES EDITOR

So what is this thing called MIC?

Lebanon Valley's sixth annual Music Industry Conference will be held in Blair Music Hall on Nov. 20, beginning at 8 a.m. and lasting until 3 p.m.

This unique conference, almost entirely organized by LVC students, provides attendees with a greater insight and knowledge of the music industry and its varied landscape.

The conference workshops throughout the day. Over twenty panelists—professionals in their field—are brought in from all over the country. This conference provides LVC students of all majors with the opportunity to network and make connections, gain real-world experience, broaden their knowledge, obtain internships and get their music listened to if they are in a band. Overall, it is an excellent experience from which every student on this campus could benefit.



Photo by: Justin Roth '14

S. BARKMAN

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MIC attracts students from all different majors

KARA RIEGEL '12
LA VIE STAFF WRITER

I'm not a music major, so what's the point?

*You say you want a revolution
We all want to change the world.
You tell me that it's evolution
We all want to change the world.*

Lines from a famous Beatle's song, "Revolution," can be applied to this year's Music Industry Conference, now in its sixth year.

Music is a part of everybody's day-to-day life. Yet you might be sitting on your bed reading these different articles thinking, "I'm not a music major so why should I go to a music industry conference?"

This year's theme for the conference is (R)evolution. The theme represents not only the change in music over time, but also the revolutionary changes the music industry has undergone. The conference brings in panelists, professionals in their field, who hold workshops on various aspects of the industry. Some of this year's workshops include: entertainment law, publishing, audio for video, drums, merchandising and concert/event production. There are over 20 panelists from all over the country

attending this year, including Jeremy Hummel, former drummer of Breaking Benjamin; Steve Smith, a 35-year veteran recording engineer; Bernard Resnick, an entertainment lawyer who has been in the business for over 20 years and whose clients include Lady Gaga; and Alex Eaves, the owner of STAY VOCAL, a reusable apparel brand.

These are workshops that apply to many various majors such as digital communications or business. Even anyone interested in law, technology or music journalism would benefit from this conference. If you have a band, you can have a table set up where people from the industry can listen to your demos. It provides expanded opportunities for students by allowing students to network and gain a broader insight into not only how the music industry works, but how numerous professional fields operate.

When Dr. David Rudd, chair of the business department, was asked if this conference was benefi-

cial to students of all majors, he answered, "Yes, how often do national leaders of a significant industry trot down here to Annville to meet the students? It is a spectacular opportunity for students to get a look at what working professionals in a highly competitive, extremely exciting and challenging global industry look like."



serving the dynamics of an industry are of value to all students. The music industry is a model of many industries that have undergone radical change recently or are about to. Virtually every student here will be in an industry or organization subject to radical change before they hit 30. Why not get a peek at one that has gone through the change already or is in the middle of it?" says Dr. Rudd.

Even if your major is not music related, chances are you will need

to communicate with professionals to pursue a career of your choice. According to Dr. Dale Erskine, chair of the biology department, "attending a professional conference can be a learning experience whether it is in the major or not. Any time you can bring students and professionals together to share ideas and information, it is important. We do not learn in complete isolation."

The Music Industry Conference brings many different professionals to the Lebanon Valley community. As students, we are given the opportunity to "pick" the minds of these professionals and take full advantage of the learning experience. This conference can evolve into internship possibilities for students and even record deals for different bands, or just the chance to get your band heard. Beyond these experiences, there are opportunities to meet professionals, gain real world perspective and practice marketing yourself to potential employers.

A final wise word from Dr. Rudd, "Think about what else you might do with that time and ask yourself if your other activities could pay as big of a benefit..."

K. RIEGEL

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Music Industry Conference



Photos by Justin Roth '14

(R)evolution of student planning

Students share planning experiences, benefits of annual conference

SARAH BARKMAN '12
PERSPECTIVES EDITOR

Since Lebanon Valley's Music Industry Conference is primarily student-run, I thought it was important to talk with some of the students in charge: Phil Freeman '11 (president), John O'Neill '12 (vice president), Meghan Escobar '11 (treasurer), Jackie Massey '11 (advertising chair), Wade Fattori '11 (artist relations) and Alex Baver '11 (artist relations). Here's the Q&A with that group of students:

Q: In your opinion, has MIC changed since you first became involved in it?

A: In the past four years, LVC's Music Industry Conference has become much more organized. It is a perfect example of how we all learn from trial and error. Now, MIC is almost entirely run by groups of students. Each group has an elder, or experienced senior, who is in charge. Each year every elder takes detailed notes about what worked and what didn't and passes the information down to the students who run the conference the next year. This way, the conference improves every year. Compared to even four years ago, they have a much broader and more expanded network of panelists. Through this

expanded network, the conference is now able to provide greater opportunities for students, such as a higher chance of securing an internship. The schedule is also much busier than in years prior. The entire day is scheduled with workshops, with several workshops going on at the same time.

Q: Is there anything, in your opinion, particularly unique about this year's MIC?

A: Each and every Music Industry Conference held here at Lebanon Valley is unique in its own way. If you go to the conference one year, you will have a totally different experience if you go again the next. Even though some of the workshops might be the same, there are different panelists running them every year, creating an entirely different experience. This year we tried to steer the conference in the direction of the music industry. In recent years, the music industry has drastically changed and evolved. Everyone running the conference agreed that they wanted it to represent how the music industry is evolving instead of devolving. One of the most unique and significant factors of LVC's MIC is the fact that even in small rural areas such as Annville, the industry still exists. Because of the advent of cheap and accessible technology, anyone

can record their own songs and put their music on the internet.

Q: Describe the significance of the theme in your own words.

A: The theme this year is (R) evolution, representing the revolution that is currently occurring in the music industry. Because of our instant access to technology and how fast news can travel, the way we view the industry is now different. Everything is faster and more readily available than before, which definitely affects the job search. Big industries aren't hiring mass amounts of people anymore—so sometimes you have to be innovative to get a job. You have to search online and find a way to start your own business and think outside of the box in order to find a job. The revolution occurring in the industry is slightly different from the artist's standpoint. Freeman gave his opinion: "There seems to be a direction that is going towards live music, and even that is suffering. Evidence of the recession is definitely in the music industry. Now it seems that the 'little guy' has the advantage. You can record something on cheap equipment at your house and throw it on www.bandcamp.com and sell it for free, plus you get to keep all of the royalties. The major labels—EMI, Universal, Time Warner, Sony—are all

going downhill. They don't search for one really talented artist anymore; they buy a bunch of labels and just hope that something will blow up. In the fifties, artists had to drive miles and miles to reach an audition, and it was difficult to find talent. Now, there is more of an emphasis on musicians to promote themselves. Anyone can put their work on Myspace, Bandcamp or Youtube and have the chance of becoming a rockstar. If you're not on the Internet it's almost as if you don't exist. You won't get noticed. The industry has evolved drastically, and you just have to wonder where it is going next. One of the purposes of the conference at LVC is to give students the tools to get caught up."

Q: Which panelists are you most excited about?

A: Steve Smith, a 35-year veteran recording engineer and expert in his field, and Jeremy Hummel, former drummer for Breaking Benjamin and columnist for *Modern Drummer*.

Q: Why did you decide to become music business majors?

A: "You can create your own demand by creating your own business," stated Freeman, a senior music business major. "Music majors are looking for a way to really see the fruits of their labors. They want

to see the result of their hard work. The classes in the department provide us with great knowledge and give us a step up from people just in a band, because of all the information we get about the industry."

Everyone agreed that the difference in being a music business major rather than simply a music major was the interest in the business aspect of the industry, the fact that you have the chance to be in charge and accomplish a broader variety of goals.

Q: In your opinion, why should students who are not music majors come to MIC?

A: If there is any iota of music in your future career, you should go to the conference. If you even expect to hear music in your office you should go to the conference. Majors such as digital communications, business and law should definitely come because of the variety of workshops offered. There really is something for everyone. Plus, most of the people running huge music corporations don't play instruments or know anything about reading music. If you are at all interested in entertainment, you should attend the conference. You won't be disappointed.

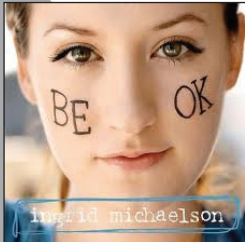
Music Industry Conference

Three favorite albums of all-time *Interviews with students and teachers from LVC*

Angie Richards

Freshman Music Education Major

1. X+Y- Coldplay
2. Be OK- Ingrid Michaelson
3. Far- Regina Spektor



Alex Bayer

Senior Music Business Major

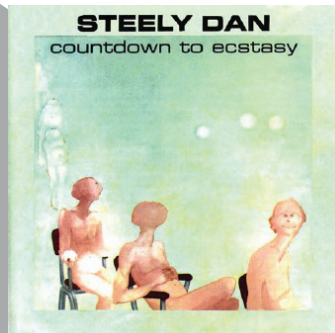
1. The 'S9 Sound- The Gaslight Anthem
2. Definitely Maybe- Oasis
3. Mellon Collie and the Infinite Sadness- Smashing Pumpkins



Barry Smith

Assistant Professor of Mathematics

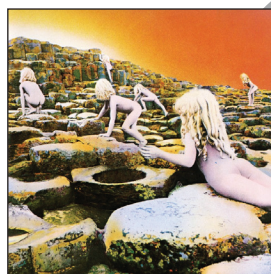
1. Countdown to Ecstasy- Steely Dan
2. The Bends- Radiohead
3. Nickel Creek- Nickel Creek



Mathew Samuel

Assistant Professor of Digital Communications

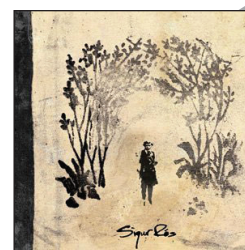
1. Legend- Bob Marley
2. The Low End Theory- A Tribe of Ethics
3. Ready to Die- Notorious B.I.G.



Dawn Davy

Lynch Coffee Bar Employee

1. Pyromania- Def Leppard
2. Houses of the Holy- Led Zeppelin
3. Boston- Boston



Rachel Lightner

Junior Music Business Major

1. Takk by Sigor Ros
2. O by Damien Rice
3. Grace by Jeff Buckley

Compiled by Nick Thrailkill '13



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Music Industry Conference

Musical "evolution" a fitting theme during times
MIC hits on the issues of an evolving industry and what happens

NICK THRAILKILL '14
LA VIE STAFF WRITER

For the music industry and its artists, the Internet has been both a blessing and a curse. Before the arrival of the World Wide Web, the best chance artists had to make themselves known was to sign onto a record label. Today, many unknown artists without record labels can present themselves to the public by using the Web, but these artists also have to face the demands of a public that may not be willing to pay for music it can get for free and whose quality has not been vindicated by a record label.

"The evolution is empowering musicians like never before, but it's also devaluing musicians because people might not be willing to pay for what they have to offer," Professor Jeffrey Snyder, associate professor of music and director of the Music Business program at LVC, explains.

Though Snyder says that social networking sites like Myspace have allowed musicians to get noticed, he also notes that the influence of these sites have made it much more difficult for an artist to be successful without the assistance of a record label. "Jimi Hendrix would not be discovered today," Snyder continues, "because it took the record label to filter, to help get him to the top...

Jimi Hendrix had to compete with only those on the record labels and not the whole world."

According to Snyder, one of the main difficulties an independent artist faces today is getting his or

to convince listeners who are more used to downloading music off the Internet for free or for relatively low payment to purchase CDs in music stores.

"The other evolution is giving

In addition, record companies also need to find ways to appeal to listeners outside of the groups that will always be willing to purchase music—groups that Snyder identifies as teenage girls and persons interested in collecting music who have the money to purchase that music. So the challenges present in the new shape of the music industry affect independent artists and record companies alike.

Despite all the challenges, Snyder says that independent artists and the record companies can be successful in this evolved music industry. Artists have been given a chance that they have never had before and greatness will still triumph in the much larger musical scene. In addition, companies like Apple have found ways to appeal to listeners who are less willing to go out to stores and purchase music through their i-products.

The theme of this year's Music Industry Conference, "(R)evolution," reflects the complexities, ambiguities, triumphs and challenges present in the music industry today and addresses how artists and record companies are evolving to the changing music scene. Can artists and record companies adapt to the changing form? The decision is theirs alone.

N. THRAILKILL nat001@lvc.edu

"The evolution is empowering musicians like never before, but it's also devaluing musicians because people might not be willing to pay for what they have to offer."

Prof. Jeff Snyder

her work noticed amid the thousands upon thousands of other independent artists who are trying to achieve the same goal. In that way, having a record label "with marketing muscle" helps artists to establish themselves and begin the journey towards the top of the charts and the peak of popularity.

Independent artists are not the only group facing new challenges with the advent of the Web. Recording companies must also adjust to the changing music scene through actions such as finding new ways

music away for free. A lot of people are starting to say, 'I'm not going to make any money off my music, so here's my music and buy my T-shirt,' Snyder says as he explains how independent artists generally tend to make money. "That's the future—give it away and sell something else." Snyder notes that record companies may have a hard time convincing independent artists to get a record label if those artists can make just as much money by themselves as they can with the help of the record company.

Did you know?

Lebanon Valley College's music department was recently recognized in Billboard Magazine for its annual Music Industry Conference. It is a great honor to be mentioned in the popular music magazine and the MIC here at LVC continues to be a driving force in the music industry. The write-up in Billboard Magazine states the following:

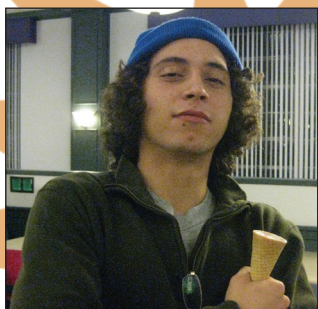
"Music business students base their academic education in music theory, accounting and marketing and a crossover into recording. Students gain hands-on experience by putting on their own conferences. The Lebanon Valley College Music Industry Conference, held every fall, is now in its sixth year. In the Spring, students are invited to attend an annual songwriting conference to help improve their performance skills."

-From Billboard Magazine, page 23-24
October 30, 2010

Valley's Voices

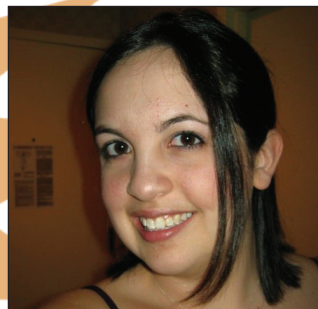
-compiled by Sarah Barkman '12

How have you seen music evolve in your lifetime?



Cedric Sanchez '12
Music Recording Technology

"In general, I've seen a push for electronic music. In contrast, I've seen the mainstream music go from semi-cool to totally not cool."



Trish Harkins '12
English Secondary Ed.

"I grew up listening to oldies like Frank Sinatra and Patsy Kline. As I grew older I began listening to more hip-hop and rap—it's been a drastic change."



Jeff Zimmerman '13
Biology/Pre-med

"Music has gone from conservative to liberal. As it has become more liberal, musicians have pushed the limits of the freedom of speech, which has negatively influenced younger generations."



Taylor Luthy '13
Open major/undecided

"I grew up listening to everything—classic rock, alternative, 90's bands, etc. Music has evolved into hip-hop, rap and club music. I still listen to the old stuff—it's the memories, not the music."

Music Industry Conference

Welcome Official 2010 Conference Schedule

It is my pleasure to welcome the attendees of the Sixth Annual Music Industry Conference to Lebanon Valley College. This is just one of many quality music events we offer to our students and the larger community. At this event, you will meet and hear from distinguished panelists from all parts of the music industry and from across the country. We hope you find this to be a stimulating learning environment for your music interests. My thanks and congratulations to the music department, to the faculty, and especially to the students of the music business and music recording technology programs for their hard work and effort with the organization of this conference. Again, welcome to the LVC campus and enjoy the weekend.

Dr. Michael Green
Vice President for Academic Affairs and Dean of the Faculty

As a child of the 60s, I take delight in welcoming you all to the (R)EVOLUTION that is MIC VI. To current students, who have worked hard and long to make this conference a reality, this is a day of networking with 26 professionals in the music industry. It is an opportunity to see how your experiences and developing skill set matches an industry that is as volatile and changing as any in these challenging economic times. For prospective students, it's a chance to check out the fit, to see if LVC's music industry programs speak to you and provides a way to experience how you can participate in the metamorphosis of a vital enterprise. Thanks to our music professionals, who are giving of their time and talents to inform process and practice. The workshops and panels will be informative, but take this opportunity to introduce yourselves one-on-one, to pose thoughtful questions and make suggestions. Enjoy the day and thank you for being our guests.

Mark Mecham
Chair, Department of Music



8:15-9:00 a.m.	Registration with coffee and donuts	
8:45-9:00 a.m.	Welcoming speeches MISA President Phil Freeman, AES Officer, College Official	
Panels		
	Choir Room	Band Room
9:00-10:00 a.m.	Publishing <i>A conversation about music/song publishing. Discussions will range from how to pitch songs, protect your music, collecting royalties, performance rights organizations, new revenue streams and the state of publishing.</i>	AES: LVC Graduate Panel <i>A discussion with recent graduates of LVC currently working in the music industry.</i>
10:15-11:15 a.m.	Entertainment Law <i>An in-depth discussion about current laws that concern copyrights, management, contracts and the profession of entertainment law.</i>	Drum Workshop <i>Jeremy Hummel, one of the founding members of Breaking Benjamin and one of the industry's most respected drummers & educators will give a drum workshop.</i>
11:30-12:30 p.m.	It Ain't Rock Music <i>A panel about the state of classical/traditional/jazz music industries and performance. Where are the gigs, what is the future, how to get gigs, etc. will be the topics of discussion.</i>	Green Merchandising Workshop <i>A presentation about combining entrepreneurship, merchandising and conservation in the industry.</i>
12:45-1:45 p.m.	Lunch, with entertainment sponsored by LVC student chapter of NSAI	
2:00-3:00 p.m.	Alternative Gigs in the Industry <i>Where the jobs are in a shrinking industry. A frank and open discussion about areas of the music industry that you may not have considered or are even aware of.</i>	Bringing Analog Back to your DAW Workshop <i>Kate Cardwell with Dangerous Music/MusicPro Marketing will demonstrate the Dangerous D-Box, focusing on the feature set of the analog summing amp, headphone amp and input.</i>
3:15-4:15 p.m.	Audio for Video <i>Engineers and producers who work in TV, movies and video games discuss the various states of these industries and the skills needed to be successful.</i>	Concert and Event Promotion <i>All parties involved in concerts and event production discuss their perspectives about booking bands, putting on shows, looking for talent, etc.</i>
4:15-5:00 p.m.	All admissions guests meet in the band room for a talk and tour.	

Music Industry Conference

The Panelists

For full bios, see www.lvcmic.com

Publishing

Robert Case

President of New Pants Publishing and a Music Career Consultant

Sherri Mullen

Owner of RockDiva & SugarDaddy Publishing

Paula Savastano

Director of Royalties at Spirit Music Group, Owner Savastano, Schmel & Associates, LLC

AES: LVC Graduates

Matthew Craig '10

Staff Engineer, Tech, and Manager, The Cutting Room Studios

David Nazario '09

Associate Audio Designer for Insomniac Games, Inc.

Michael Kudrak '09

Project Engineer/Manager C&R Audio Visuals L.L.C.

Entertainment Law

Chris Cabott

Certified Entertainment Attorney/ Cofounder of Zane Management Entertainment Workshops

Bernard M. Resnick, Esq., P.C.

Entertainment attorney, Bernard M. Resnick, Esq., P.C.

Priscilla Mattison, Esq.

Entertainment attorney, Bernard M. Resnick, Esq., P.C.

Drum Workshop

Jeremy Hummel

Professional drummer, cofounder of Breaking Benjamin

It Ain't Rock Music

Sue Buzzard

Windish Music Productions, Principal Owner and Founder/Lead Violinist at String Revolution

Erica Young '07

Lancaster Symphony Orchestra, Administrative Manager

Jen Payne '09

Lancaster Symphony Orchestra, Operations Manager/Music Librarian

Green Merchandising

Alex Eaves

Owner of Stay Vocal

Alternative Gigs

Alex Eaves

Owner of Stay Vocal

Fred Hermanson

DivX, Inc. LLC

Doug Gould

President of Worshipmd

Booker Raynor

Account Manager GC PRO for PA and NJ

Bringing Analog Back to your DAW

Kate Cardwell

Dangerous Music, MusicPro Marketing

Audio for Video

Kate Cardwell

Dangerous Music, MusicPro Marketing

Amanda Marsteller '06

Creative Sounds Studio, Post Audio

Helena Confer

Owner Creative Sounds Studio, Post Audio

Steve Smith

Creative director of Creatio, 35-year veteran recording engineer

Concert and Event Promotion

John Harris

John Harris Group

Michael Windish

Owner/Producer of Windish Music & Productions

Terry Selders

Susquehanna Entertainment Center

Product demonstrations by Dan Newell, manager of Guitar Center Harrisburg and part owner of the Green Room recording studio in Harrisburg, and Dom Troilo, of Lienau AV Associates Genelec, Tascam, Presonus

Music Industry Conference

A little unfamiliar with the performing bands?

Check out the 2010 MIC band bios!



Skip Town Matty

...is a Scranton based punk/reggae/ska band. Formed in 2006, the band started writing music together in a garage. A few years later, they released their first full-length album titled "Stories from D-Town." Next, STM started touring the east coast. With several tours taking them from Florida to Vermont and back, STM started to rally a team of avid fans. Their fan basis grew even larger when they started sharing the stage with long time greats such as Less Than Jake, Big D and the Kids Table, Streetlight Manifesto, Ill Scarlett and many others. Currently, the band is in the studio recording their second full-length album, which will hopefully be released late January. Skip Town Matty has proven that they can handle the rough lifestyle of being an independent band and manage to make great music through it all.

-Walter Pawelzik (vocals/bass), Danny Wilga (guitar), Brendan Smith '11 (drums)



A Fair Few

...is an indie folk act that was formed on the LVC campus around late 2009. It's a band that loves to play original music for as many people as possible. The band plays shows from Philly to Harrisburg and is currently planning a winter tour. Its influences include Neutral Milk Hotel, Bon Iver and Fleet Foxes as well as the traditional bands of the 1920s folk revival. Known for its use of an array of instruments, you'll hear everything from accordion, to banjo, to cello. Be sure to check out the band's live EP, "Live at Coop's" and listen to them on the Beard Party Summer Compilation.

-Madison Brown '13 (vocals/accordion/guitar); John Heenan '12 (guitar/banjo); Rachel Lightner '12 (vocals/banjo/guitar/mandolin); Chase Kealey '13 (bass); Roxy Kline '11 (cello); Judy Garcia '12 (violin); Jack Garber Gamber '13 (drums/iPhone)



Thomas and the Skank Engines

...is an eight-piece ska/reggae band put together by James Haraschak '12 and Thomas Fitzpatrick '12 at LVC during the winter of 2008. The band's only true goal is to make music that makes people happy, so they can dance, sing and have fun. They try to always have a positive message no matter what. They say they are influenced by every artist, song, and sound they've ever heard, every love they've ever had and lost, every friend they've made, loved, hated and that's died, their families through good and bad and everything that has gone through their mind and system. They say life is their only true influence.

-Thomas Fitzpatrick (Music Recording Technology '12) lead vocals, guitar, bass; Rachel Lightner (Music Business '12) guitar, alto sax; Blake Harrison-Lane (Music Recording Technology/Composition '12) bass, vocals; Keith Novak (Music Recording Technology '12) drums, vocals; "Yippie" Jamie Haraschak (Music Business '12) baritone/tenor saxophones, vocals; Scott Holman (Music Recording Technology '12) trumpet; Anna Reber (Music/Music Business '12) Alto/Tenor Saxophones; Andrew Veirtz (Physics/English '12) Trombone; Brian Kerns (Music Recording Technology '12) juggler/entertainer/auxiliary/percussion.



Dark Before Dawn

...is a true rock and roll band that got their start right here at LVC. They have been a band for around a year and a half. At a school where mainstream rock music is not very well liked by music majors, Dark Before Dawn just doesn't care. Founding members are Mark Barthel '12 and Jon O'Neill '12, who met last year at LVC and were relieved to discover that they both had similar musical tastes. After some searching for other members, some of which are not even students at LVC, Dark Before Dawn is confident in its ability to become a great rock n' roll band. Mark Barthel handles lead vocals as well as rhythm guitar. Jon O'Neill mans the drums. There are three new members: Dustin Kresge, who handles digitals, something that excites the band and will give them a more original sound that is different from many other rock bands; Eddie Roberts, who has been added as the new bass player and brings the live show to a whole new level; and LVC junior Ben Guiles, who is the final piece of the puzzle filling in as Dark Before Dawn's new lead guitar player. The band is excited for this year's ValleyFest Battle of the Bands, and the members say they are hungry for more success and want to be back up on ValleyFest's main stage for 2011. While this is the band's current primary focus, more shows are soon to be around the corner. Stay tuned!

-Mark Barthel '12 (lead vocals/rhythm guitar); Jon O'Neill '12 (drums); Dustin Kresge (digitals); Eddie Roberts (bass); Ben Guiles '12 (lead guitar)



The Lonewolf Project

...acts as the title for Phillip Nathaniel Freeman '11 and his constantly changing line up of talented friends. The 22-year-old singer/songwriter from York County, Pa. started playing harmonica at the age of three, marking the beginning of a long and eclectic musical journey. With his former bands including Double Entendre and Rich King Phil, Freeman has been featured on seven albums, won several contests and has performed with the following national and regional touring acts: Mae, The Casualties, Hit The Lights, Kingsfoil, Dana Alexandra, Captain of Compliments, PJ Bond and Trunks and Tales. Freeman is currently recording The Lonewolf Project's next full length album titled "Old Words, New Chapters," scheduled for release in the summer of 2011. He also performs frequently with Carmen Forte '10 and is the acting bassist for The Erica Lyn Everest Band.

-Phillip Freeman '11, Eric Deatrick (graduate student), Tyler Garrett '13, Thomas Price '13, Blake Harrison-Lane '12, Brian Kerns '12, Keith Novak '12



Against the Grain

...was first thought of when Bryn (or Duff as many call him) and Mark became roommates in '07. The two didn't actually start playing together until the fall of '08 and eventually they met up with Ben and Zach in the fall of '09. Between the songs that Bryn had already wrote and collaboration with Ben and his groovy material, the two write all the songs, both together and separately, while allowing Mark and Zach to add their ingredients. Some of the songs have a darker/heavier feel to them, some have a sense of energy and some are ballad-like. Bands which have influenced Against the Grain include: Breaking Benjamin, Staind, Seether, Smile Empty Soul and Deep Purple. New material is constantly being created and worked with and in the near future Against the Grain will be back into the studio.

-Bryn Duffield '11 (lead vocals and rhythm guitar); Mark Bowne '11 (drums); Ben Guiles '13 (lead guitar); Zach Rowe (bass)



Old Man Blanket

...is a funk, jazz and rock band comprised of senior music majors at Lebanon Valley College, and has been together for about two years. They pride themselves in being able to play a wide variety of music. This has allowed them to successfully play at many different venues including coffeehouses, country clubs, weddings, bars and shows on campus. No matter what the style or venue is, they enjoy the experience of playing music.

-Brad Snyder '11 (vocals, guitar); Kevin Nickles '11 (woodwinds, guitar, keys); Nick Terramoni '11 (bass); Clinton Cooper '11 (percussion, vocals)



Shoeless Grooves

...was formed during the band members' freshmen year and have been playing ever since. They formed because Ryan Frantz '11, Matt Houston '11 and Steve Hackett '11 were all neighbors in Mary Green, and they started jamming together. After a while, they decided they wanted a pianist, so they asked Aaron Trassatt '11 to start jamming with them. Their original music is a kind of Jazz Fusion. Their goal as a band is to just have fun.

-Ryan Frantz '11 (bass); Steve Hackett '11 (alto sax); Aaron Trassatt '11 (piano); Matt Houston '11 (drums)

Music Industry Conference

How to: Start a band

Do you play an instrument and want to start a band? Do you dream of becoming a rock star?

Step One: How to find people for your band

Go to websites like Craigslist under “musicians seeking other musicians,” send Facebook messages or look in the classifieds in the newspaper. Know what kind of music you want to play and make sure that the people you are searching for want to play that music, too. Follow local bands and go to shows. There are always going to be musicians at shows, so network and get your name out there. If you want people from LVC’s campus in your band, ask around and put flyers up around campus.

Step Two: Get on the same page

First, you need to decide and generally agree on the goal of your band. Basically, everyone needs to agree on how much effort is going to be put into this band. For example, if you want this to be your career, then you should make sure that the rest of the band is committed to that goal as well. Or, if this band is just for fun then everyone should agree to those terms. You next need to decide if you are going to play covers, original music or a mixture of both. The most important thing is that everyone in the band agrees on its direction.

Step Three: Practicing

Decide when, where and how often you are going to practice. If you don’t practice you will not succeed. You can practice in someone’s house, a basement or even Lutz recital hall in Blair. Have a list of goals you want to accomplish during your practice time and when that list is accomplished, set aside time to relax and jam. Practice time is also when you need to decide what songs you are going to play for gigs.

Step Four: Getting noticed

If you want to get your music “out there,” then you need to buy some cheap equipment to record with, or befriend someone who already has the equipment and is willing to help you record. Go to websites such as Myspace, Youtube, Bandcamp or even Facebook to post your songs. Technology and internet presence is a key to success. Also, play as many gigs as possible, even if you are not getting paid. It is extremely hard to get signed by a huge record label today, but the beauty of the current revolution in the industry is that bands have the power to create their own name through the ease and access of technology.

Step Five: Where to find gigs

Ask other bands where they play. Go to bars and ask the owners if they are hiring or are looking for live music. Hand out your CDs. Make your music available. Even if you are not getting paid—and chances are you won’t—keep playing because someone might notice you and ask you to play somewhere else. You have to network. On campus, sign up for the Battle of the Bands and play for the chance to be the opening band at Valleyfest. When booking gigs, start small, build a name for yourself and work your way up the ladder to success.

All information compiled by Sarah Barkman '12 and Timothy Davis '12

Panelist spotlight: Steve Smith

TIMOTHY DAVIS '12
La Vie Staff Writer

This year’s Music Industry Conference features big names in the industry. Among them is Steve Smith, 35-year recording veteran and creative director of Creatio at Northwest University. Smith has won two Grammys for his recording work with artists D.C. Talk and Steven Curtis Chapman. He has worked in prominent studios such as Record Plant Recording Studios and Rusk Sound Studios in addition to creating his own studio, Take One Recording Studio. Smith also started Xtreme New Media Studios, a modern, mobile recording unit for recording live performances. His clients have included MTV, KISS, Pearl Jam and P. Diddy. Smith has also recorded and engineered scores for films like *Everest*, *Mysteries of Egypt*, *Wildfire* and *Wild California*, and for the *Medal of Honor* series of games, among others.

Using his vast experience in the music recording industry, Smith is now the creative director of The Creatio Project, a recording arts initiative at Northwest University. The project is designed to train students in the

most cutting-edge technology and give them the knowledge to grow and excel in their craft.

Discussing the theme of this year’s MIC, (R)evolution, Smith says this of the changes in the industry: “Digital downloads make it easier to distribute recordings, but audio quality has suffered. Recording technology’s ability to manipulate a performance, although convenient, is not always the best thing. A great performance is always better than a manipulated one.” Smith also mentions a change in how record labels promote and develop artists. With internet sites like Bandcamp and social networking, distribution of an

artist’s works and information is no longer tightly controlled by a label.

About the conference, Smith says, “I am excited about the sharing with others my passion for music as an art form and their interest in the process.” Smith will be a panelist in the “Audio for Video” panel during MIC. The panel will focus on the state of the recording and producing industry in the context of television, movies and video games.

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Photo from stevesmithrecording.com

Books weighing you down?

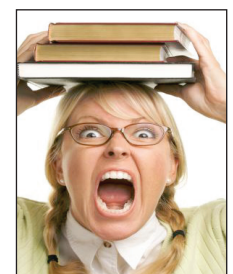
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NEWS

Ground broken for Mund

McKENNA SNYDER '14
LA VIE STAFF WRITER

As students pour into Mund College Center for various purposes, some rushing to lunch, many scurrying to the Underground and a few socializing in the lounge, they will soon notice many changes.

The groundbreaking ceremony for the renovations to Mund College Center took place on Nov. 11. President MacDonald delivered the welcome and Mary Kent '11, vice president of Student Government, and James G. Whildin Jr., director of Spillman Farmer Architects, offered remarks.

Vice President of Student Affairs Greg Krikorian says the new Mund College Center would ideally be the "hub of student activity."

"I am really looking forward to what they change in the cafeteria," said John Denniston '14.

"As students, we really need a place to relax and socialize!" Trinda Goodman '14 agreed. "I am so excited to see all of the changes they are going to make. We spend a lot of time studying, so I can't wait to see what they improve in Mund to accommodate our need for a place to study and socialize!"

Krikorian says the renovations



Photo by Cody Shepp '12 / LA VIE

will include improvements in the kitchen and food service areas, the introduction of a "living room" space and patio and minor improvements to Leedy Theater. In addition to these improvements, the bookstore will be revamped to provide greater accommodations for students' needs. The new bookstore will cover a whopping 5,000 square feet and be visible from both the inside and outside of the student center.

Among these renovations, two new elevators will be installed to provide better access for students with disabilities. Krikorian said this will be a major improvement, which truly considers all student

needs.

Lebanon Valley College is continuing to make progress in its strides to become more environmentally aware. Mund Renovations will dub the college center as LVC's first LEED (Leadership in Energy and Environmental Design) certified building.

The first phase of construction began this month and is expected to conclude in the spring of 2012. The \$13.3 million renovations are financed through a combination of institutional budget allocations, which support the renewal of facilities, long-term debt and campaign gifts.

M. SNYDER

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Student Government Update 11.15.10

Extra day off before Thanksgiving confirmed

ABBY TOMLINSON '12
KEVIN GARRITY '12
LA VIE STAFF WRITERS

This week's Student Government meeting confirmed that the Wednesday before Thanksgiving break as an official day off for the 2010 school year thanks to the amazing win by the LVC football team. Thanks to everyone who marched and helped complete the process.

Three weeks ago, a group of college officials surveyed the sidewalk and lot lighting status. Spots including the gravel lot behind Stan-son and behind the Mund College Center will both be receiving additional lighting due to safety concerns of the students. Public Safety will also be installing a "Blue Light"

between Mund and Mary Green to increase student safety.

Christmas at the Valley is just around the corner. The event takes place on Dec. 5 and will include music and festivities. Bring family and friends to help celebrate the holidays.

Another Winter Formal update was brought to the meeting tonight. Sign-ups will be available in the Mund College Center outside the cafeteria at lunch times this week. Also, tickets are available starting today in the LVC bookstore. Students cannot use their student accounts to purchase the tickets; debit cards or cash are accepted.

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CAMPUS CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

11-10-10 | Campus

Traffic Accident

An alleged hit and run was reported.

11-12-10 | Campus

Suspicious person

A suspicious individual attempted to enter a residence without a proper swipe card.

11-12-10 | Campus

Theft/Drugs

An incident involving narcotic drug laws was reported.

11-13-10 | UG

Incident Services

A non-student attempted to use a LVC student ID to gain entrance to the UG.

11-14-10 | Campus

Assault

An intoxicated guest reported he was assaulted by an LVC student.

Please report any suspicious activity to Public Safety at x6111.

"Lend a meal, save a heart, liberate a soul"

The girls of Friendship Hall will be hosting a Meal Exchange for Charity event. Simply sign up at the tables at Mund during lunch on Friday Nov. 19 or during lunch and dinner on Monday Nov. 22 to donate your Tuesday Nov. 23 dinner. Metz will give all proceeds to the Legacy Scholarship Fund of Invisible Children in Uganda.

With your help, your meal could save a child from hunger or even send another to school for an education!

Corrections & Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.

La Vie Collegienne

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La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 5:15 p.m. in our Mund office, activities room #3. We're always looking for new writers!

SPORTS

SCOREBOARD

Men's Soccer
@ Stevenson, 11/10 : L 1-3

Women's Soccer
@ Frostburg, 11/10 : L 0-3

Volleyball
vs. Ithaca, 11/12 : W 3-1
vs. Juniata, 11/13 : L 0-3

Men's Swimming
vs. King's, 11/12 : W 93-39

Women's Swimming
vs. King's, 11/12 : W 116-39

Ice Hockey
vs. Penn State-Berks, 11/12 : W 14-2
@ Scranton, 11/13 : W 7-4

Football
vs. Albright, 11/13 : W 28-13

Field Hockey
vs. SUNY Cortland, 11/13 : W 5-4
@ Bowdoin, 11/14 : L 3-4 (OT)

Men's Cross Country
@ NCAA Regionals, 11/13 : 20/47

Women's Cross Country
@ NCAA Regionals, 11/13 : 14/45

Men's and women's soccer fall in ECAC's

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

Both the Men's and Women's Soccer teams were denied a chance to play for the championship in the Eastern College Athletic Conference, when they both lost their games this past Wednesday.

Stevenson College ended the men's season, with a 3-1 score over the Dutchmen. In the first half, Justin Hutchinson '10, a business major, scored his first goal of the season, assisted by Kelly Hess '13, giving LVC a one-point lead over Stevenson. However, Stevenson responded with a goal one minute after Hutchinson's. The rest of the first half remained tied, with LVC having a 13-4 shot advantage over the Mustangs. However, it would be Stevenson who dominated the second half, having two more goals and stopping LVC's offense. The Dutchmen finished their season 9-9-1 overall.

Coach Grimes had this to say to his team, "We had a good 2010 season, making the Commonwealth Conference Playoffs for the third season in a row and the ECAC South Championship for the second season straight. Our team played quality soccer and worked hard in training, matches and in the classroom. LVC Men's Soccer would like to thank the four seniors (Justin Hutchinson, AJ Hull, George Andriko and Morgan Crouse) for their time, dedication and effort during their careers at LVC. They were part of rewriting the soccer history books in their time at LVC and have a lot to be proud of."

Frostburg State was responsible for the women's loss, with a 3-0 victory over the Dutchmen. The Bobcats dominated the field with two goals in the first half and another during the second to end the Dutchmen's season. Nicole Snyder '13, a physical therapy major, and Elle Kirkhoff '11, chemis-

try major, lead the team with four shots each, but could not seem to find the back of the net. Also, Sami Young '12, biology major, made three saves for the Dutchmen.

Commenting on the season, Coach Frankford mentioned, "This season was a great step in the progress that our program is making. We achieved many of our team goals, i.e. making the playoffs. The players bought into a new system, we incorporated new players, and achieved a lot of success which makes the future very bright. I am proud of my players, but I want them to continue to desire to achieve more each year. This is also a year that we will say good bye to our largest senior class, the graduation of their experience and leadership will leave big shoes to fill. Hopefully they have mentored the underclassmen to step up into bigger roles in 2011."

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Field hockey season ends

SHERAE JONES '11
LA VIE STAFF WRITER

After having a fantastic season, the LVC Field Hockey Team season came to an end in the NCCA quarterfinals for DIII. Despite being defeated by Messiah (5-2) in the Commonwealth Conference Championship on Nov. 6, the team still received an out-large bid to the NCAA Tournament in Maine. No. 2 LVC received a first round bye.

In the second round, LVC played SUNY Cortland. After a very competitive match, the Dutchmen managed to pull off a 5-4 victory. The hard-fought, heart-felt contest had four ties. However, with just 4:39 remaining in regulation, senior Marisa Maxwell scored a goal to break the 3-3 tie and give LVC the final lead. Other scorers for the game included Jocelyn Novak '12, and seniors Cait Eckenrode and Shelly Lobach. Junior goalkeeper, Christine Poletti, had 9 saves. The win helped the Dutchmen advance to the national quarterfinals.

In the quarterfinals, LVC played against host-school Bowdoin. Once again, the team found themselves in a competitive match, falling to the Polar Bears 4-3 in overtime. Bowdoin scored the winning goal with 11:30 remaining in overtime. Poletti had a career-high 15 saves, while senior Lauren Seidenstricker had her sixth defensive save of the season. Seidenstricker set a new single-season record for defensive saves at LVC. Junior Jocelyn Novak scored a goal, along with Eckenrode and Marisa Maxwell '11 also scored goals in the contest. This marks Novack's thirty-ninth goal on the season, and now makes her the second-highest assist leader in DIII history. Sophomore Kelsey Miller added two assists. Senior Shelly Lobach became LVC's all-time assists leader, contributing her forty-fifth career assist during the contest.

The Dutchmen finished with a 19-3 record overall. The team will also lose nine seniors. However, kudos to the team for a wonderful season. Eight players received All-Commonwealth Conference honors. Novak, Cait Vasey '13, and Lobach were all named to first team. Novak was also the co-player of the year for the Commonwealth Conference. Seniors Rachel Pantalone, Alison Bicher and Seidenstricker were named to second team, along with Junior Jenni Walker and sophomore Kelsey Miller.

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Volleyball bested

KEVIN GARRITY '12
LA VIE STAFF WRITER

After a big 3-1 win on Friday over Ithaca, LVC Women's Volleyball was unfortunately bested in the second round by No. 3 Juniata, 3-0. Seniors Michelle Little and Joelle Snyder lead the team with nine kills each, and the Dutchmen did not let Juniata win without a fight. With sets of 15-25, 22-25 and 19-25, LVC kept it close throughout the match, even tying up the second set 20-20. Juniata was a forced to be reckoned with though, always pulling into the lead and going on long scoring streaks leading them to victory.

It was not an unsuccessful season by any means for our volleyball ladies. With a record of 24-10, the team recorded its third-straight Commonwealth Conference championship and the program's first NCAA victory, so they have a lot to be proud of. Thanks to our five seniors, Emily Hopkins, Michelle Little, Emily Perkins, Jess Raber and Joelle Snyder, and congratulations for a great season to all of the girls!

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Swimming wins

DAN CALLAHAN '14
LA VIE STAFF WRITER

The LVC swim team captured another win on Friday night against MAC opponent King's College. The men swam to victory by a score of 93-39, as the women also won, 116-87.

Julia's Mongeau '14 re-set her own 200-IM record by over 2 seconds, finishing in 2:37.66. For the rest of the women, Noelle Brossman '14, Charlie Robinson '13 and Gabbie Groff '14 covered the top three finishes in the 50-meter free. Robinson got first in the 100-fly, while Brossman grabbed first in the 100-back. Women's relays were able to win in the 200 free relay with a time of 2:04.94. The winning relay consisted of Robinson, Brossman, Mary Gardner '13 and Kelsey Sherman '12.

Jeffrey Bush '11 recorded first in the 50 free and 100 fly. Other winners from the men's meet were Ryan Humphries '12, John Denniston '14, John Heenan '12, Erik Brandt '13, Brett Wimmer '11 and Nate Heinly '11. The men's team won both the medley and freestyle relays. The medley combination of Wimmer, Heenan, Denniston and Heinly took first place, and the freestyle combo of Bush, Devon Stutzman '13, Matt Dwyer '14 and Heinly also won.

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Icers take two

KEVIN GARRITY '12
LA VIE STAFF WRITER

Starting with a huge 14-2 win on Friday over Penn State Berks, we got to see a side of hockey that LVC is not used to after the last few seasons. With both Matt Kisiday '12 and Shaun Stamm '12 scoring hat tricks and with points reaching 11 of the players on the team, it was a sight to behold. Matt Turner '13 made his debut as goaltender this Friday, making 28 saves in the game.

On Saturday, the team traveled to Scranton for a 1 p.m. game where they did more of the same, recording a 7-4 victory. Kyle Stewardson '12 and Brad Surdam '11 scored two goals a piece while Nick Averona '11 recorded two points in the game. Rich Drazin '11 made 37 saves in the game.

The hockey team, now 7-1, has seen a bit of a change in attendance this year. No one went last year because they didn't win any games, and now that they win nearly every game, people still do not go. If you haven't made it out to the Hershey Park Arena to see them play, come for the game this Friday, 7 p.m., against Villanova. Come on out and sit in the student section located in Section 9 along the glass. Enjoy the game, and hope to see you there!

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Schedule

Wednesday, 11/17

Women's Basketball
@ St. Mary's (MD), 6 p.m.

Friday 11/19

Men's Basketball (tournament)
vs. Del Val vs. Rich. Stock., 6 p.m.
vs. Penn State Harrisburg, 8 p.m.

Ice Hockey
vs. Villanova, 7 p.m.

Saturday, 11/20

Men's and Women's Swimming @
Cabrini/Marywood, 12 p.m.

Football
@ Johns Hopkins, 12 p.m.

Men's Basketball
vs. Consolation Game, 1 p.m.
vs. Championship Game, 3 p.m.

Women's Basketball
vs. Brooklyn, 6 p.m.
vs. Elmira vs. Penn State Altoona, 8 p.m.

Women's Cross Country
@ NCAA Championships, TBA



SPORTS

Albright crushed, students get day off

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

The stage was set: Senior Day game versus rival Albright with family, friends and the student body showing up in large numbers to see what the outcome would be. And as tradition has it, an extra day off for Thanksgiving break loomed in the air. The Dutchmen knew what was at stake and came out fighting.

LVC Football extended their four-game winning streak to five on Saturday with a win over rival Albright. This was the Dutchmen's first win over Albright since 2006, and only the second since 1994. LVC ends the season with a 6-4 record and stands tied for second in the Middle Atlantic Conference at 5-2.

LVC started out the first quarter with an interception by Dane Eichelberger '11 that set up the four-yard touchdown pass from Caleb Fick '11 to Brendan Riley '11. The first half rounded off with a touchdown by Albright, which only got them six points thanks to a blocked PAT by Zach Bleiler '11. Jake Zeigler '14 started off the



Photo by Cody Shepp '12 / LA VIE

second half for LVC with a 54-yard kick return that led to the Ben Guiles '13 touchdown. Junior criminal justice major Clay Chaney recovered an Albright fumble that

led to another Guiles touchdown. The Dutchmen followed up with a 97-yard drive, which included a four-yard rushing touchdown by junior Blair Ransom. Tim Ride-

wood '11 ended the game with a midfield interception.

LVC had a strong showing by their seniors. Guiles ended the day with 142 yards and two touch-

downs, bringing his season total to a record breaking 1,285 yards and 17 touchdowns. Riley had an outstanding day, catching six passes for 68 yards and a touchdown. Senior Alex Gilchrist led the team with nine tackles and Bleiler contributed with three sacks. Kevin Pirring '11 had his first career sack on Senior Day.

On Sunday it was announced that the team reached the ECACs and will play John Hopkins on Saturday at noon, but that wasn't the only good news after the game.

On Monday over 400 students, followed by local firetrucks and police cars, marched to Kreiderheim, the president's residence to demand classes be canceled in honor of the win. Representing President MacDonalds, Dean of Faculty Mike Green answered Student Government President Ashten O'Brien's request on behalf of the student body. After negotiation, it was decided. Students can enjoy the day off before Thanksgiving. This year, LVC will be thankful for the the Dutchmen victory over Albright.

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XC runner to NCAAs

LAUREN SCOTT '12
SPORTS EDITOR

On October 30, the Dutchmen Men's and Women's Cross Country Teams competed in the MAC Championships at Delaware Valley College, where the men placed sixth of fifteen and the women second of fourteen. The women improved from fourth in 2009, the best record in school history until this year's finish.

Cronin took silver in the meet, finishing in 22:11, six seconds behind Delaware Valley's Caitlin Dorgan. Long, who strained her calf in mid-season this year in her

second year of running, crossed in eighth place at 23:35, earning first-team all-MAC honors. Shoop finished 11th at 23:53 and Miller finished 18th at 24:17, each earning second-team honors. Freshman Cynthia Adams, who never ran cross country before this season, just missed all-conference finishing at 24:28, marking her in 24th place.

When commenting on the women's success at the MAC Championships, Coach O'Brien mentioned, "Jenn and Megan, our seniors, led the team and they set the tone, but the addition of Kristin, Alyssa and Cynthia has made such a huge impact to our program. Alyssa ran the race of her LVC career so far. I'm very thankful for the opportunity to work with these awesome young ladies—it was just a solid day all

around."

For the men's team, Wallace was the top finisher in 17th at 26:44, followed by Sweigart (27th, 27:17), D'Angelo (30th, 27:22), Nesmith (37th, 27:34) and Elliot Bonds (42nd, 27:49). Coach O'Brien, who graduated from LVC in 2007, was pleased with the men's performance. Noticing their improvements over the years, he commented, "In my eight years associated with LVC as an athlete and coach, I've never seen a MAC race this deep. On paper, it may look like we took a step back, but to be very clear, this is by far the best team I have coached on the men's side."

This past weekend the teams traveled to Cooper's Lake St. Park to compete at the NCAA Midwest Regional meet. Cronin, last year's regional champion, placed sixth

at 22:21.1, qualifying her for her second straight NCAA National Championship. Her success led the women's team to place 14th out of 45 while the men finished 20th out of 47.

Long (66th, 24:18), Shoop (75th, 24:28.2), Adams (122nd, 25:25.7) and Miller (150th, 25:46.7) rounded out the scorers for the women's team. Zelechowski (212nd, 27:02.7) and Frederick (234th, 27:36.6) also competed for LVC.

On the men's side, Wallace led the men's team (78th, 27:09.3) and was followed by scorers Sweigart (98th, 27:31.6), D'Angelo (126th, 27:54.8), Bonds (137th, 28:04.4) and Matt Nesmith '13 (144th, 28:12.4). Brian Sheehan '14 (196th, 29:18.3) and Patrick Tierney '13 (232nd, 30:18.7) also ran for the Dutchmen.

Reflecting on the weekend's meet, O'Brien commented, "Regionals was a solid day for us on the whole. The course was very difficult. Jenn didn't feel 100% but really hung tough to grab an automatic qualifying spot to nationals. Very few people could do that on an off day and that is a credit to her will power and determination. We were hoping for a slightly better finish on the women's side but this team is young and will continue to grow. All of our men's scorers moved up relative to where they finished in the conference two weeks earlier so that was a plus."

Next weekend Cronin will compete at Wartburg College in Iowa to contend in the NCAA finals.

L. SCOTT

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